YOUTH LEADERSHIP MINIGRANTS

TRY THIS
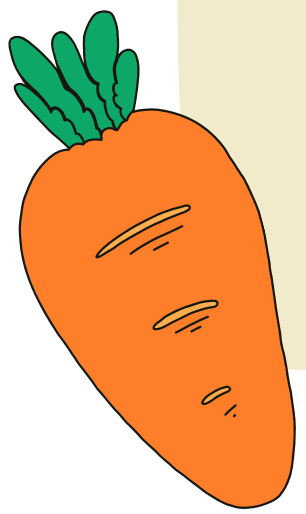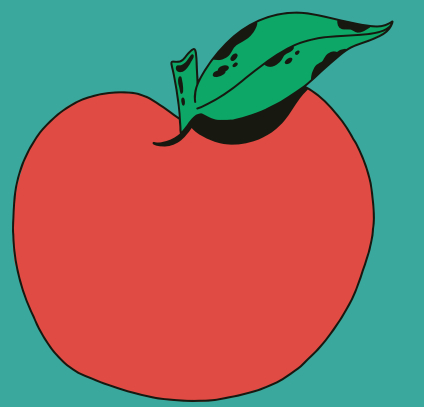WEST VIRGINIA

Eligible youth project teams can get up to $3,000

Youth Leadership Minigrants are for West Virginians ages 13-22 to lead a project that increases physical activity and/or healthy food in their communities
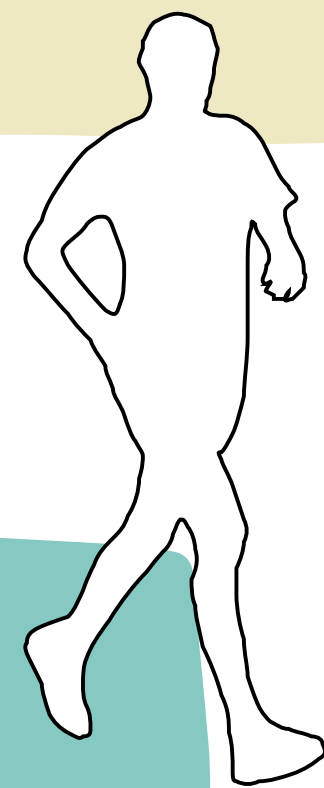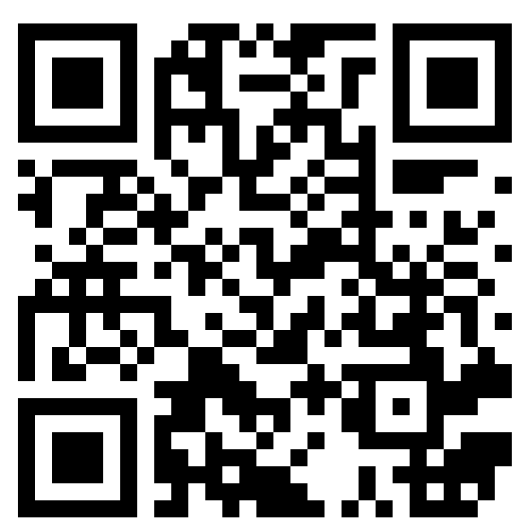
Steps to a Minigrant:

1. Come up with a healthy-community idea and talk to Try This
2. Form a project team
3. Draft a plan, creat a budget, and find support
4. Apply!
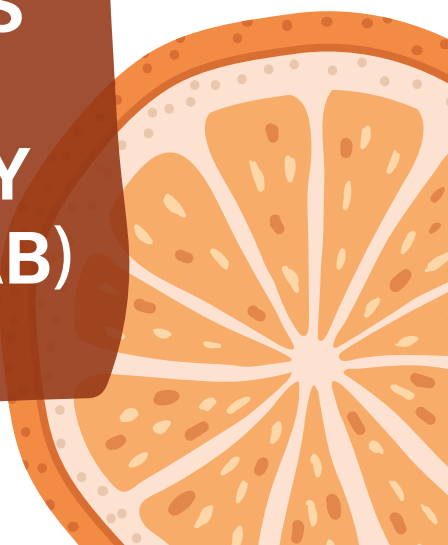
- Peer youth networking
- Personal and professional growth
- Creating safe spaces
- Listening to youth needs

FOR MORE INFORMATION:

PARTNERING WITH:
WV PREVENTION RESEARCH CENTER'S YOUTH ADVISORY BOARD (YAB)

MORE INFO ON TRY THIS:

WHAT IS TRY THIS WV?

Try This WV aims to help knock West Virginia off the top of the worst health lists, community by community, by building a statewide grassroots network of healthy-community leaders who expand opportunities for physical activity and/or healthy food in their communities. Try This is a statewide organization and has awarded more than 370 minigrants since 2014 and leverages its vast network to collaborate, brainstorm, and dream up a healthier future for West Virginia.

- Option to apply and report by Zoom
- Quarterly training opportunities
- Twice-monthly checks-ins for support - one from Try This, and one from the YAB
- Free project team registration to the Try This Conference and first-ever Try This Youth Summit in June 2023
- Part of the Try This network with free invitations to Online Connection events, Regional Gatherings, and more

WHAT DOES A YOUTH MINIGRANT OFFER?

WHO IS THE YOUTH ADVISORY BOARD (YAB)?

The West Virginia Prevention Research Center's **Youth Advisory Board (YAB)** is comprised of young WVians ages 13-22 who help advise the PRC and its partners on youth engagement and other programs. The YAB focuses on positive youth development, including leadership and other capacity-building skills related to social science careers.

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